

## Benefits of Volunteering to be a Counselor

- Families Make life long friends
- Participate in awesome activities
- Impact children's lives
- Spend a \*free\* week at the Hulbert Outdoor Center on beautiful Lake Morey (lodging and food is free of charge for counselors)
- Great work and life experience

## Minimum Qualifications:

- 20 years of age, and if you were a camper, at least three summers removed from being a camper
- Professional conduct, and well-groomed appearance
- Friendly, outgoing, and enjoy working with kids

## Major Functions:

- Camp set-up and break-down, pre and post camper arrival and departure
- Close supervision of up to six camper 'tent buddies'
- Leading and participating in activities as skills and experience dictate

## Would you like to join us at Camp DH this summer?

If so, please complete the appropriate counselor registration form and mail to the contact listed below prior to July 15, 2022.

Registration forms can be found at:  
[www.chadkids.org/rheumatology/camp-dartmouth-hitchcock](http://www.chadkids.org/rheumatology/camp-dartmouth-hitchcock)

## New and Returning Counselors Contact:

Elizabeth McFarren  
Camp DH Assistant Camp Director  
78 Library Avenue, Warrensburg, NY 12885  
Phone: (518) 534-8383 or  
[Lizrafferty1990@gmail.com](mailto:Lizrafferty1990@gmail.com)

## COVID Vaccine Required

Counselors will need to provide proof of up-to-date COVID-19 vaccination prior to attending camp.



# Camp Dartmouth Hitchcock

**For Children & Teens Diagnosed with Inflammatory Rheumatologic Diseases**

## Volunteer!

**Make a difference, as a camp counselor this Summer.**

**Seeking nurses, medical students, previous campers, and any responsible, enthusiastic volunteers for a week of sun and fun!**



**AUGUST 14 - 20, 2022**

**HULBERT OUTDOOR CENTER  
LAKE MOREY, FAIRLEE, VERMONT**

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**Statement of Purpose:**  
**"To provide children and adolescents with inflammatory rheumatologic conditions a camp experience that facilitates lasting personal growth and independence."**

### Camp Dartmouth Hitchcock (Camp DH)

is a one-week residential summer camp experience for children with juvenile idiopathic arthritis as well as other inflammatory connective tissue diseases. Since 1983 Camp DH has hosted up to 53 boys and girls a year from ages 8 to 17.



"It was really nice knowing that there are other people in the world just like me."



### Counselors at Camp DH

Each counselor does two overnights in the staff tent located in the camper units (with cots), and then stays in a heated cabin for the remainder of week. There are professional counselors leading activities with doctors and nurses on location 24/7, so if you ever need help, there are folks who can step in at any time. Many of the kids have been coming to camp for multiple years and know the ropes well. But mostly, be prepared to laugh a lot and have a whole lot of fun! Camp couldn't run without our volunteers.

### Professional Conduct

Camp DH counselors are role models for participants and for other members of the community. It is expected that they display appropriate professional conduct at all times.

### Community

Counselors at Camp DH not only work together, but live, eat, and often recreate together as well. We work hard to ensure a positive feeling of community in our working and living environments. Counselors are expected to contribute in an honest and positive fashion to the camp community through participation in community meetings, through respectful communication of personal and professional feedback, and through considerate actions toward others in work and living spaces at camp.



"Each activity teaches us something about ourselves and what we can do."

### Medical Students

Medical students can receive academic credit for their week at camp, those who have had the privilege of volunteering say that it is an invaluable experience - that being able to relate to the children on their own turf brings a deeper understanding and sensitivity to their work as doctors. Those with appropriate clinical skills can help do intake evaluations with DHMC rheumatology attendings and fellows, giving you a chance to work on joint exams. After that, you would be a normal member of the counseling staff.

### Referrals

If you know of any creative, dynamic, compassionate folks who may want to volunteer, please pass along this information!

Camp Dartmouth Hitchcock • Hulbert Outdoor Center • Lake Morey • Fairlee, Vermont